



Supporting Student Mental Health

Counselling with a Registered Psychologist

Confidential support and counselling are available on **Mondays** for K-12 students.

- The sessions are with Angela Romaine, a Registered Psychologist who has extensive experience working with children and youth.
- Counselling is done by phone or video and requires parent/guardian consent.
- To book an appointment, **contact Angela Romaine at (403) 891-2349** or call your school.
 - Appointments can be made for during school hours, and are attended in a safe, confidential space.
 - [Click here for the consent form.](#) Or contact your child's school (teacher, Principal, Wellness Worker and/or Inclusive Ed Coordinator).

This service is available every Monday.
Alternate days may be arranged upon request.



Angela Romaine, M.Sc., Registered Psychologist **High Integrity Psychology**

Angela has been practising as a Registered Psychologist for children and youth since 2012. Originally from Nova Scotia, Angela has experience working with Indigenous populations, and with children and adolescents with neurodevelopmental, behavioural and social-emotional challenges.

She specializes in educational assessment for issues including cognitive delays, learning disorders, giftedness, behavior challenges, ADHD, Autism and mood concerns such as anxiety and depression.

Angela uses evidence-based approaches and techniques in both assessment and treatment to support children and their families struggling a variety of concerns. She also has training in play-therapy and integrates this approach in treatment.