



Student Nutrition and Menu Planning

Background

KTCEA is committed to healthy, caring and safe learning environments. KTCEA further understands that providing healthy meals prepares students for learning and helps them focus in the classroom.

Guidelines

KTCEA is committed to providing nutritious lunches for students on operational school days that contribute to their educational success and their personal well-being.

#	Procedure	Roles & Responsibilities
1.	Meals planned for students will adhere to Canada Food Guide recommendations.	Food Services Manager, Head Cooks
2.	<p>The Head Cook will submit a monthly meal plan to the Food Services Manager on the first day of each month.</p> <p>2.1 The Food Services Manager may ask for further information regarding items on the meal plan to ensure that they meet food service guidelines and nutritional expectations.</p> <p>2.2 The Head Cook will consult with kitchen staff in preparing the meal plan and may consider input from school staff and students.</p>	Food Services Manager, Head Cooks

Definitions:

Not Applicable

References:

Policy 3 – Respectful, Caring and Safe Schools and Workplaces
Link to <https://food-guide.canada.ca/en/>

Procedure Amendments and Updates

The responsibility for updating and amending this procedure rests with the Associate Superintendent Facilities & Operation.